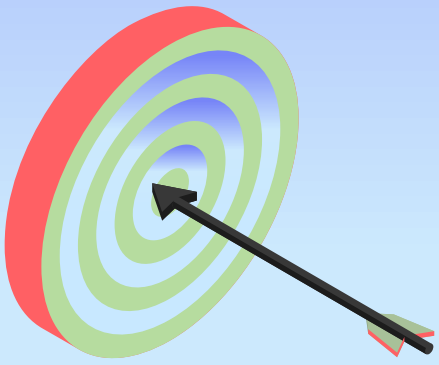


# Struggling with Group Work?

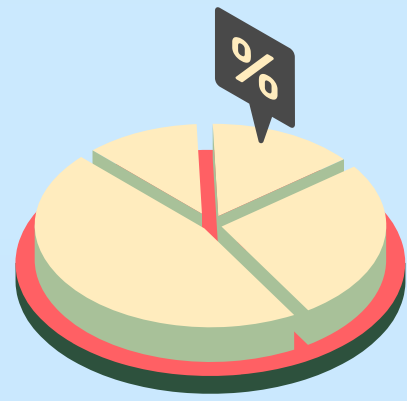


## Set Goals

Set specific goals including a timeline, deadlines, and division of responsibilities. Focus on common interests.

## Divide the Work

Based upon each other's strengths, goals, and expectations. Clearly define responsibilities.



## Communicate Effectively

State your needs. Reframe any conflict in a neutral light - use constructive feedback. Actively listen when others are speaking.

## Avoid Assumptions and Generalizations

Ask questions to understand; reach out and check in! Utilize external sources when needed. Be self-aware!



**CONFLICT  
RESOLUTION  
CENTRE**

**CONTACT US!**

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